

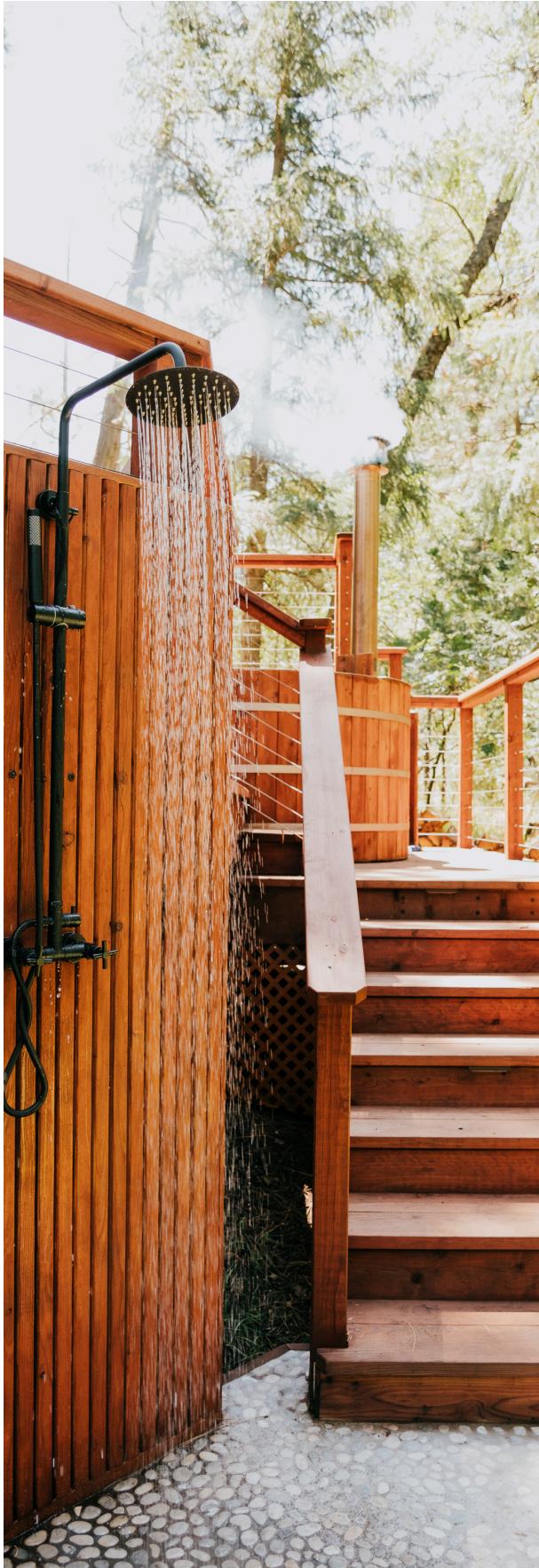


# Hot Tub Guide Book

**Water Filling Time:**  
80 minutes

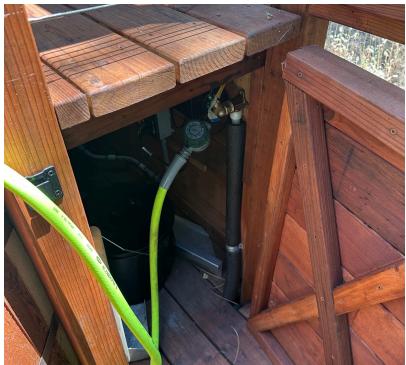
**Heating Time:**  
Winter: 4-5 hours  
Summer: 2-3 hours

# Hot Tub Rules



- Please fill the tub with water, to the level marked by the black flat metal bracket on the tub wood fence, before starting a fire inside the stove. Failure to do so will damage the stove and may start a fire.
- ALWAYS supervise children around the hot tub, and ensure they do not touch the stove / chimney area.
- NEVER touch the stove/ chimney area-- it will cause a burn!
- We recommend taking a shower before entering the tub. Since this is a chemical-free tub, maintaining water quality is essential!
- No glass near the tub - Please use plastic cups!
- Stay hydrated, consuming alcohol while tubbing is not advised.

# Getting Started



Locate the green hose in the storage room next to the tub and place the hose in between the wood fence, inside the tub.



Turn on the faucet to start the water flow and set the mechanical timer to 75 minutes.



Locate the black storage box next to the wood rack. It has everything you will need to start and manage the fire.

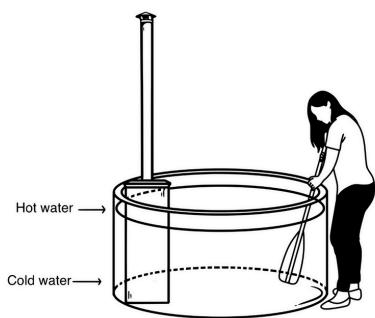
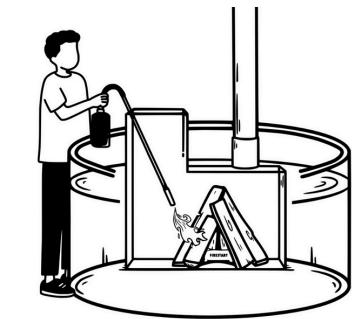
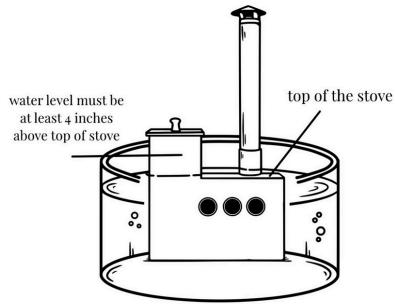


Once the tub is filled with water (black bracket level), grab the gloves, a fire-starter square, and the torch from the storage box. Then, take smaller pieces of wood (kindling) from the wood rack.

Place the fire-starter square and surround it with kindling towards the back of the stove, under the chimney.

Using the fire torch, light up the fire starter and kindling stack, keep adding smaller pieces until the fire gets going.

# Tubbing Away



Now that the fire is going, add larger, denser logs that will burn slowly and steadily. Check the fire every 30 minutes and monitor the temperature using the thermometer attached to the white string inside the hot tub.

Use the paddle to mix the hot and cold water.

Once the temperature reaches 95°F, you can stop adding wood and let the temperature rise on its own.

If the water gets too hot, there are 2 options:  
1) Close the stove using the lid,  
2) Add cold water using the hose.

At the end of the night, place the wood covers back over the water, and close the stove opening. Your tub will still be warm in the morning and can be fired again. The color of the water might change on the second day due to the wooden fence being soaked inside, but it does not affect the quality of the water.

# Hot Tubs & Alcohol

## Important: Do Not Combine Alcohol and Hot Tubs

**Dehydration:** Both drinking alcohol and soaking in a hot tub dehydrates the body, leading to extreme dehydration quickly.

**Dizziness:** Hot tubs lower blood pressure. Combined with alcohol, this can cause dizziness, slow reactions, and stumbling, increasing the risk of falling into the tub.

**Unconsciousness:** The relaxing effects of both alcohol and hot tubs can lead to falling asleep or passing out, increasing the risk of drowning.

**Heat Exhaustion:** Both hot tubbing and drinking alcohol can expand blood vessels and raise body temperature, which may lead to heat exhaustion, stroke, or heart attack. Drink water immediately if you feel dizzy, nauseous, or confused. Seek medical attention if necessary.

